



## Bethan Naunton Morgan

*PhD Title:* **Adaptation of an e-health intervention ‘iSupport’ for carers of people living with rarer dementias**

*Start Date:* **01/10/2020**

*Anticipated End Date:* **01/10/2023**

*Supervisors:* **Professor Gill Windle and Dr Carolien Lamers**

*Funders:* **ESRC**

### My background

I have completed a BSc in psychology and a MSc in clinical and health psychology at Bangor University and for the last 3 years, I’ve been working in a nursing home for people with dementia. My practical experiences have given me an insight into the lack of education offered to carers and the challenges that this presents. I hope that this gives me a unique perspective that can be applied to my research.

### My research

iSupport is an online intervention developed by the World Health Organisation to support dementia carers. It consists of educational resources on dementia as well as practical caring advice and the importance of self-care. My research will be adapting the iSupport program for carers of people with rare dementias, and I will be working with the Rare Dementia Support (RDS) charity as a part of their RDS Impact study

<https://www.raredementiasupport.org/research/help-us-improve-support-for-rare-dementias/>

### Contact

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